DRESHER ESTATES

Location Key	
AR	Activities Room
LR	Living Room
PU	Pub
DRI	Dining Room in Inspiritas
CB	Coffee Bar
ARI	Activities Room in PC
OA	Out and About
MR	Monarch Room

Color Key

- Wellness & Movement
- Learning & Mind
- Social & Games
- Creative & Enrichment
- Spiritual & Reflection
- Outings & Special Events

JANUARY 2026 | ENHANCED PERSONAL CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Morning Exercise (AR) 10:30 Daily Chronicles (LR) 11:00 Soccer Ball Kick 11:15 Rosary Prayer Group with Maryann (PU) 11:30 2025 Recap Discussion (AR) 2:00 Dresher Blackjack Club (AR) 3:00 New Year Social 3:15 Pokeno Social (PU) 4:00 Resident Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Puzzle Club (CB)	**2** 10:30 Daily Chronicles (LR) 10:30 Stretching Exercises (AR) 11:00 Bowling 11:00 Volleyball 11:30 Word Puzzles (ARI) 11:45 Bookmobile Visit 1:00 Bingo (DRI) 2:00 Live Entertainment (LR) 3:30 Walking Club (OA) 3:30 Shabbat 5:30 Friday Night Documentary 6:30 Skip Bo Card Club	**3** 10:30 Daily Chronicles (LR) 10:30 Strength Exercises (AR) 11:00 Brain Games (AR) 11:00 Fitness in Motion 11:30 Saturday Charades 2:00 Watercolor Painting 2:00 Dresher Blackjack (AR) 3:15 Rummikub Social (CB) 4:00 Resident Walking Club 5:30 Jigsaw Puzzles (MR) 6:30 Resident Word Search Club
4 10:00 Catholic Communion offered by St. Alphonsus (PU) 10:30 Daily Chronicles (LR) 10:30 Morning Exercise Class (AR) 11:00 Morning Fitness: Strength 11:00 80's Trivia (AR) 1:30 Dresher Bucks Bingo (AR) 1:30 Music Trivia - Guess the Lyrics 2:30 Sip and Dip Social 3:00 Connect 4 & Board 6:00 Game Social (PU) 4:00 Resident Walking Club 5:30 Puzzlers (DRI) 6:30 Domino Club (CB)	**5** 10:30 Exercise Weights & Bands (AR) 10:30 Daily Chronicles (LR) 11:00 Morning Fitness: Exercise 11:30 Word Games 1:30 Mahjong Mondays (PU) 2:00 Winter Bird Craft 3:00 Peace Valley Scenic Drive Outing 3:15 Trivia Happy Hour (PU) 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Uno Evening Card Club (CB)	**6** 10:30 Daily Chronicles (LR) 10:30 B-Fit with Lynn from Bayada (ARI) 11:00 Bowling 11:15 This Is School: Google Earth Tour 2:00 Dresher Blackjack Club 2:00 Name that Tune 70's (AR) 2:00 Pet Therapy - Benji 4:00 Resident Walking Club 5:30 Comedy Hour 6:30 Resident Rummy Card Club (CB)	**7** 10:30 Morning Fitness: Exercise Weights (ARI) 10:30 Daily Chronicles 11:00 Fitness: Movercise 11:00 Sudoku with Janice (ARI) 11:15 Rosary Prayer Group led by Frank (PU) 11:45 William Penn Inn - Lunch Outing 1:30 Blackjack 2:00 Dresher Bingo (AR) 3:30 Word Game Wednesday 4:00 Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Self-Guided Magazine Reading	**8** 10:30 Daily Chronicles (LR) 10:30 B-Fit with Lynn (AR) 11:00 Fitness: Strength 11:15 Rosary Prayer Group with Maryann (PU) 11:15 White Board Games (AR) 2:00 Chocolate Chip Cookie Baking 2:00 Dresher Blackjack Club (AR) 3:15 Pokeno Social (PU) 4:00 Resident Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Puzzle Club (CB)	**9** 10:30 Daily Chronicles (LR) 10:30 Stretching Exercises (AR) 11:00 20 Questions 11:00 Basketball 11:30 Word Puzzles (ARI) 1:00 Bingo (DRI) 2:00 Live Entertainment (LR) 3:30 Walking Club (OA) 5:30 Friday Night Documentary 6:30 Skip Bo Card Club	**10** 10:30 Daily Chronicles (LR) 10:30 Strength Exercises (AR) 11:00 Brain Games (AR) 11:00 Fitness in Motion 11:30 Saturday Charades 2:00 Dresher Blackjack (AR) 2:00 Winter Coloring 3:15 Rummikub Social (CB) 4:00 Resident Walking Club 5:30 Jigsaw Puzzles (MR) 6:30 Resident Word Search Club
11 10:00 Catholic Communion offered by St. Alphonsus (PU) 10:30 Daily Chronicles (LR) 10:30 Morning Exercise Class (AR) 11:00 Morning Fitness: Strength 11:00 Word Games (AR) 1:30 Name that Tune 70's 1:30 Dresher Bucks Bingo (AR) 1:30 Temple Sinai Teen Visit (PU) 3:00 Connect 4 & Board Game Social (PU) 4:00 Resident Walking Club 5:30 Puzzlers (DRI) 6:30 Domino Club (CB)	**12** 10:30 Daily Chronicles (LR) 10:30 Exercise Weights & Bands (AR) 11:00 Balloon Toss 11:30 Word Games - Word Searches 1:30 Our Planet - Netflix 1:30 Mahjong Mondays (PU) 2:00 Music Trivia 2:45 Board Games 3:15 Trivia Happy Hour (PU) 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Uno Evening Card Club (CB)	**13** 10:30 Daily Chronicles (LR) 10:30 B-Fit with Lynn from Bayada (ARI) 11:00 Morning Workout 11:15 Health Chat with Noreen from Bayada 11:45 Whacky Word Games 2:00 Name that Lyric 60's (AR) 2:00 Wine Glass Painting Class - Honeybee Arts Studio 3:00 White Board Word Games 4:00 Resident Walking Club 5:30 Comedy Hour 6:30 Resident Rummy Card Club (CB)	**14** 10:30 Morning Fitness: Exercise Weights (ARI) 10:30 Daily Chronicles 11:00 Sudoku with Janice (ARI) 11:00 Soccer Ball Kick 11:15 Rosary Prayer Group led by Frank (PU) 1:30 Blackjack 1:30 Dresher Bingo (AR) 3:30 Word Game Wednesday 4:00 Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Self-Guided Magazine Reading	**15** 10:30 Daily Chronicles (LR) 10:30 B-Fit with Lynn (AR) 11:00 Fitness: Strength 11:15 White Board Games (AR) 11:15 Rosary Prayer Group with Maryann (PU) 2:00 Dresher Blackjack Club (AR) 2:00 Catholic Mass (CB) 3:15 Pokeno Social (PU) 3:30 Name that Instrument 4:00 Resident Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Puzzle Club (CB)	**16** 10:30 Stretching Exercises (AR) 10:30 Daily Chronicles (LR) 11:00 Corn Hole 11:30 Word Puzzles (ARI) 11:45 Bookmobile Visit 1:00 Bingo (DRI) 2:00 Live Entertainment (LR) 3:30 Walking Club (OA) 3:30 Shabbat (AR) 5:30 Friday Night Documentary 6:30 Skip Bo Card Club	**17** 10:30 Strength Exercises (AR) 10:30 Daily Chronicles (LR) 11:00 Brain Games (AR) 11:00 Fitness in Motion 11:30 Saturday Charades 1:45 Snowflake Clay Play 2:00 Dresher Blackjack (AR) 3:15 Rummikub Social (CB) 4:00 Resident Walking Club 5:30 Jigsaw Puzzles (MR) 6:30 Resident Word Search Club
18 10:00 Catholic Communion offered by St. Alphonsus (PU) 10:30 Morning Exercise Class (AR) 10:30 Daily Chronicles (LR) 11:00 Word Games (AR) 11:00 Basketball 1:30 Dresher Bucks Bingo (AR) 1:30 Pictionary Games 2:30 Creative Story Writing 3:00 Connect 4 & Board Game Social (PU) 4:00 Resident Walking Club 5:30 Puzzlers (DRI) 6:30 Domino Club (CB)	Martin Luther King Day **19** 10:30 Exercise Weights & Bands (AR) 10:30 Daily Chronicles (LR) 11:00 Morning Fitness: Exercise 11:30 MLK Video 1:30 Mahjong Mondays (PU) 2:00 MLK Educational Speaker (PU) 3:00 Trivia Happy Hour (PU) 3:30 Happy Hour Social 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Uno Evening Card Club (CB)	**20** 10:30 B-Fit with Lynn from Bayada (ARI) 10:30 Daily Chronicles (LR) 11:00 Bean Bag Toss 11:45 Word in a Word 1:30 Would You Rather? 2:00 Name that Tune 70's (AR) 2:00 Dresher Blackjack Club 4:00 Resident Walking Club 5:30 Comedy Hour 6:30 Resident Rummy Card Club (CB)	**21** 10:30 Daily Chronicles 10:30 Morning Fitness: Exercise Weights (ARI) 11:00 Fitness: Movercise 11:00 Sudoku with Janice (ARI) 11:15 Rosary Prayer Group led by Frank (PU) 1:30 Blackjack 1:30 Mercer Art Museum Outing 2:30 Cupcake Baking 4:00 Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Self-Guided Magazine Reading	**22** 10:30 Daily Chronicles (LR) 10:30 B-Fit with Lynn (AR) 11:00 Don't Drop the Balloon! 11:15 Rosary Prayer Group with Maryann (PU) 11:15 White Board Games (AR) 2:00 Dresher Blackjack Club (AR) 2:00 Spa Music - Hand Massages 3:15 Pokeno Social (PU) 4:00 Resident Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Puzzle Club (CB)	**23** 10:30 Stretching Exercises (AR) 10:30 Daily Chronicles (LR) 11:00 Board Games 11:00 Fitness: Strength 11:30 Word Puzzles (ARI) 1:00 Bingo (DRI) 2:00 Live Entertainment (LR) 3:30 Walking Club (OA) 5:30 Friday Night Documentary 6:30 Skip Bo Card Club	**24** 10:30 Daily Chronicles (LR) 10:30 Strength Exercises (AR) 11:00 Fitness in Motion 11:00 Brain Games (AR) 11:30 Saturday Charades 1:45 Penguin Paradise Ledge Decor 2:00 Dresher Blackjack (AR) 3:15 Rummikub Social (CB) 4:00 Resident Walking Club 5:30 Jigsaw Puzzles (MR) 6:30 Resident Word Search Club
25 10:00 Catholic Communion offered by St. Alphonsus (PU) 10:30 Morning Exercise Class (AR) 10:30 Daily Chronicles (LR) 11:00 Soccer Ball Kick 11:00 Word Games (AR) 1:30 Bingo 1:30 Dresher Bucks Bingo (AR) 3:00 Happy Hour 3:00 Connect 4 & Board Game Social (PU) 4:00 Resident Walking Club 5:30 Puzzlers (DRI) 6:30 Domino Club (CB)	**26** 10:30 Exercise Weights & Bands (AR) 10:30 Daily Chronicles (LR) 11:00 Volleyball 11:30 Word Games 1:30 Making Playdough 1:30 Mahjong Mondays (PU) 2:30 Spa - Nail Day 3:00 Book Club with Irv (CB) 3:30 Trivia Happy Hour (PU) 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Uno Evening Card Club (CB)	**27** 10:30 B-Fit with Lynn from Bayada (ARI) 10:30 Daily Chronicles (LR) 11:00 Morning Workout 11:15 Resident Council Meeting with Managers 2:00 Finish the Line - Sayings (AR) 2:00 Dresher Blackjack Club 4:00 Resident Walking Club 5:30 Comedy Hour 6:30 Resident Rummy Card Club (CB)	**28** 10:30 Daily Chronicles 10:30 Morning Fitness: Exercise Weights (ARI) 11:00 Sudoku with Janice (ARI) 11:00 Basket Toss 11:15 Rosary Prayer Group led by Frank (PU) 1:30 Dresher Bingo (AR) 1:30 Blackjack 3:00 Food Committee Social 3:40 Word Game Wednesday 4:00 Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Self-Guided Magazine Reading	**29** 10:30 B-Fit with Lynn (AR) 10:30 Daily Chronicles (LR) 11:00 Fitness: Strength 11:15 Puzzle Craft (AR) 11:15 Rosary Prayer Group with Maryann (PU) 2:00 Dresher Blackjack Club (AR) 3:15 Pokeno Social (PU) 3:30 Puzzles - National Puzzle Day 4:00 Resident Walking Club 6:00 Evening Relaxation and Refreshment (DRI) 6:30 Puzzle Club (CB)	**30** 10:30 Daily Chronicles (LR) 10:30 Stretching Exercises (AR) 11:00 Basketball 11:30 Watercolor Painting (ARI) 1:00 Bingo (DRI) 2:00 Live Entertainment (LR) 3:30 Shabbat 3:30 Walking Club (OA) 5:30 Friday Night Documentary 6:30 Skip Bo Card Club	**31** 10:30 Strength Exercises (AR) 10:30 Daily Chronicles (LR) 11:00 Brain Games (AR) 11:00 Fitness in Motion 11:30 Saturday Charades 1:45 Cotton Ball Snowmen Craft 2:00 Dresher Blackjack (AR) 3:15 Rummikub Social (CB) 4:00 Resident Walking Club 5:30 Jigsaw Puzzles (MR) 6:30 Resident Word Search Club